



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 43155, Alcoholic beverage, wine, light

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	92.23	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Energy	kcal	49	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Energy	kJ	206	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Protein	g	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2005
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Ash	g	0.13	--	--	--	--	--	--	--	--	Calculated or imputed	14084	02/2003
Carbohydrate, by difference	g	1.17	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Sugars, total	g	1.15	--	--	--	--	--	--	--	--	Calculated or imputed	14084	02/2003
Minerals													
Calcium, Ca	mg	9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Iron, Fe	mg	0.40	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Magnesium, Mg	mg	10	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Phosphorus, P	mg	15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Potassium, K	mg	88	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Sodium, Na	mg	7	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Zinc, Zn	mg	0.08	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Copper, Cu	mg	0.011	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Selenium, Se	µg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Thiamin	mg	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Riboflavin	mg	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Niacin	mg	0.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Folate, total	µg	1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Folate, food	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	14084	02/2003
Folate, DFE	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2006
Choline, total	mg	5.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	10/2004
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	14084	10/2004
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
16:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2004
Other													
Alcohol, ethyl	g	6.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2004
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2004
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2001